

DIY – Do It Yourself Nosing Kit

What you will need:

1. Aroma Items – my list is below
2. Small bottles with lids
3. Labels numbered 1-24, 2 sets
4. Cotton balls
5. Chop stick / Tweezers
6. Emory board
7. Master list of items and numbers
8. Test sheet of numbered blanks



Suggested Scents and Aroma Items

Keep in mind, you may have many of these items in your kitchen or bathroom. Anything else, you can source.

Document the scents you have chosen to include with each respectively numbered bottle and lid. Mix the numbers up so you won't remember the pattern or get a friend to put it all together.

#	<input type="checkbox"/> Cinnamon	#	<input type="checkbox"/> Honey	#	<input type="checkbox"/> Black Peppercorns
#	<input type="checkbox"/> Allspice	#	<input type="checkbox"/> Malt	#	<input type="checkbox"/> Iodine / Band-aid
#	<input type="checkbox"/> Cloves	#	<input type="checkbox"/> Tea	#	<input type="checkbox"/> Liquid Smoke
#	<input type="checkbox"/> Cacao Nibs / Cocoa powder	#	<input type="checkbox"/> Leather	#	<input type="checkbox"/> Wintergreen
#	<input type="checkbox"/> Lavender oil	#	<input type="checkbox"/> Tobacco	#	<input type="checkbox"/> Molasses
#	<input type="checkbox"/> Eucalyptus oil	#	<input type="checkbox"/> Vinegar	#	<input type="checkbox"/> Cardamom
#	<input type="checkbox"/> Orange peel	#	<input type="checkbox"/> Camphor	#	<input type="checkbox"/> Licorice
#	<input type="checkbox"/> Vanilla extract	#	<input type="checkbox"/> Ginger Root	#	<input type="checkbox"/> Dried Roses
#	<input type="checkbox"/> Almond extract	#	<input type="checkbox"/> Peppermint	#	<input type="checkbox"/> Lemongrass
#	<input type="checkbox"/> Burnt Matches	#	<input type="checkbox"/> Peat	#	<input type="checkbox"/>
#	<input type="checkbox"/>	#	<input type="checkbox"/>	#	<input type="checkbox"/>